# **NEWS RELEASE**



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For Immediate Release

## **BARIATRIC SUPPORT GROUP MEETS JULY 28**

## **ROANOKE RAPIDS, NC. (July 18, 2011)—The Roanoke Valley's Bariatric Support Group will meet July 28 at Halifax HealthLink.**

Gail Lane, director of Behavioral Health Services at Halifax Regional, will lead a discussion on dealing with stress after having bariatric surgery. The topic is "Stress Smart vs. Stress Free."

The bariatric support group is open for anyone who has had weight loss surgery, is in the process of having the surgery and those who support weight loss surgery patients. There is no charge to join the group.

This will be the fourth meeting of the group, which has been attended by as many as 19 people. The meeting begins at 6 p.m. and lasts one hour. Halifax HealthLink is located at Becker Village Mall in Roanoke Rapids.

For more information on the support group, call Robin Isles, RN, staff/patient educator at Halifax Regional at <u>risles@halifaxrmc.org</u> or 255 535-8445.

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#### About Halifax Regional-

Halifax Regional Medical Center is licensed for 204 beds, including psychiatric and nursery. A non-profit organization, Halifax Regional is fully accredited by the Joint Commission. For more information, visit www.halifaxregional.org.